

2010 NY STATE FAIR WINNING RECIPES

FIRST PLACE: Empire State Potato & Apple Salad-“Gobble It Up!”

Ingredients:

½ cup snow peas
1.5 lbs NYS baby potatoes
1 NYS McIntosh Red Apple
1 TBLSP Lemon Juice
2 zucchini-slices
13 oz. cooked turkey
2 TBSP Chopped Fresh Parsley

Dressing:

½ cup Mayonnaise
3 tsp Dijon Mustard
1 TBSP Wholegrain Mustard
2 TBSP Lemon Juice

- Cut snow peas into thin strips, boil until tender crisp, drain, set aside.
- Boil potatoes for 10 minutes, or just until tender-drain, cool & peel, cut into large pieces.
- Cut unpeeled apple into thin wedges & toss with lemon juice in a bowl.
- Boil the zucchini until tender, drain & refresh in cold water.
- In a small bowl, stir the dressing ingredients together-mixing well.
- Dice the turkey & place in large bowl. Add potato, apple, zucchini & parsley. Drizzle the dressing over the top & gently toss until well combined.
- Serve topped with snow peas.

SECOND PLACE: POTATO & BEAN PATE'

Ingredients:

1 cup potato, peeled, diced, boiled until mashable
1 cup garbanzo beans, drained and rinsed, canned
1 cup cannellini beans, rinsed and drained, canned
2 cloves garlic crushed
4 tsp fresh lime or lemon juice
2 TBSP chopped fresh cilantro
½ tsp salt
¼ tsp pepper
1 tsp dried oregano
½ tsp crushed red pepper
1 tsp Old Bay seasoning
Water as needed, 1 TBSP at a time

Directions:

In a small bowl, place all the dried spices.

Rinse and drain beans; cook potatoes in hot water until they are tender. Drain & Mash.

Mix all ingredient in a large bowl.

Place in blender or food processor until spreadable pate' consistency.

Place in a serving bowl, garnish with cilantro. Serve at once or chill first.

Serve with Melba Toast, celery, tortilla chips, potato chips or endive.

THIRD PLACE: EASY CHEESY BUFFALO POTATOES DIP *This tangy dip will be where the crowd hangs out. Easy to prepare & make ahead.*

Cream Together:

1 8 oz brick of cream cheese

1 pint of sour cream

1 tsp of garlic powder

1 TBSP chives

½ cup Ranch Dressing

1 16-oz bag of shredded Colby Jack Cheese

(save ¼ for topping)

Boil & dice 2 cups of NYS potatoes, Add ¾ cup of hot sauce to potatoes. Mix Well.

Serve with Dipping Potato or other Chips or Crackers.